According to the World Health Organization (WHO), there shouldn’t be any travel or trade restrictions due to the coronavirus.

In response to confirmed cases of the coronavirus, CDC discourages nonessential travel to the following destinations: China, Iran, Italy, and South Korea.

According to the WHO, an airplane cabin by itself isn’t more conducive to spreading infection. The virus is not airborne. It’s transmitted by droplets and only lives on surfaces. Airlines have procedures in place that help prevent the spread of illness in the case that anyone on board is infected.

**HOW DOES IT COMPARE TO THE FLU?**

There are more cases of the flu than COVID-19 worldwide. In most cases, you have a much higher chance of encountering someone with the flu than COVID-19.

### COVID-19 vs. FLU

<table>
<thead>
<tr>
<th></th>
<th>COVID-19</th>
<th>FLU</th>
</tr>
</thead>
<tbody>
<tr>
<td>Approximate cases worldwide*</td>
<td>98,202</td>
<td>3.381 million</td>
</tr>
<tr>
<td>Approximate deaths worldwide*</td>
<td>3,381</td>
<td>346,000</td>
</tr>
</tbody>
</table>

*As of 03/06/20

*Annually

Most cases are in China with a majority of those in the Hubei Province.

**MYTH vs. FACT**

**MYTH:** Getting the virus is a death sentence

**FACT:** According to the WHO, coronaviruses do not survive long on objects, such as letters or packages.

**MYTH:** Traveling internationally is dangerous

**FACT:** Based on the data that is coming out, the fatality rate is just over 3% and almost all of those had a pre-existing condition.

**MYTH:** Receiving mail from China puts you at risk

**FACT:** Receiving mail or packages from China is not a risk factor to get the coronavirus.

**HOW TO PROTECT YOURSELF**

- Wash hands at least 20 seconds
- Avoid contact with infected people
- Don’t touch eyes, nose or mouth
- Thoroughly cook meat and eggs
- Avoid contact with animals

**OUR SOURCES**

5. https://www.who.int/news-room/q-a-detail/q-a-coronaviruses

The mortality rate for the coronavirus is very low compared to some past outbreaks.

**SARS in 2003:** 10%

**MERS in 2012:** 34%

**Mortality rate for the coronavirus globally:** 3%* vs. 3.4% as of 03/06/20

Latest Update as of: 03/06/2020

[www.centrav.com](http://www.centrav.com)